



Sodexo Dietetic Internship

Innovative • Inclusive • Individualized

Rotation Descriptions

Below are hours and general descriptions for each rotation.

Total Supervised practice: 1024 hours

Clinical Rotation: 448 hours

This rotation consists of hospital-based experiences, where interns will conduct nutrition assessments, provide counseling and education, and practice clinical leadership skills with a variety of patients and disease states. Interns will be expected to perform with increasing competence and independence through the course of the rotation. Interns will provide staff relief for dietitians in their assigned practice site upon successful completion of the clinical rotation. Staff relief provides interns with an opportunity to practice their patient care clinical skills as well as leadership skills in managing their own patient care workload.

Long-Term Care Rotation: 32 hours

In a long-term care site, interns will become familiar with the procedures and forms that are required by state and federal mandates and learn about the dietitian's role in providing nutrition care as part of an interdisciplinary health care team. Interns will notice the differences in care, treatment and philosophy of care between the acute care found in hospitals and resident centered care found in long term care settings.

Foodservice Management Rotation: 160 hours

Interns will learn how a foodservice operation functions and will begin to develop leadership and management skills through observation and practice. Interns will gain experience in production, purchasing, inventory control, food safety and sanitation, human resource management, patient food services, quality assurance, finance, sustainability and retail operations. Interns may complete this rotation at their clinical site, or at one of Sodexo's corporate, campus or K-12 school facilities. This gives interns an opportunity to experience management in a non-healthcare setting.

Patient Service and Clinical Nutrition Management Rotations: 64 hours

Interns will spend 32 hours in patient service usually prior to starting their clinical rotations, and 32 hours in clinical nutrition management during or after their clinical rotations. The patient services rotation serves as an introduction for the intern to learn how patient's order and receive meals, and how the diet office or call center functions as the hub of the food and nutrition services department. As part of these two rotations, interns will spend time with a clinical nutrition manager and/or patient services or operations manager; experiencing the interconnection between the clinical nutrition unit, the hospital community and administration. Some activities that interns will experience include participation at hospital-wide and department committees, participation in writing the clinical or diet office schedule and/or the clinical staffing model, facilitating a clinical, diet office, or department staff meeting, reviewing policies and procedures related to federal regulatory compliance, and working on a performance improvement quality assurance project.

Community Rotation: 160 hours

Interns will spend time in a variety of community settings. Interns will become familiar with the variety of community and public health opportunities available and will gain proficiency in providing nutrition counseling and education in an outpatient or community setting, with both individuals and groups. Interns will work with a variety of age groups and populations. Exposure to a community based public health WIC-like setting, outpatient nutrition counseling, and a school-based community setting must be included as part of the program requirements.

Concentration Rotation: 160 hours

All interns will complete one of the eight concentrations— Critical Care MNT, Diabetes, Pediatrics, Leadership, Wellness, Weight Management, Culinary Nutrition, or Senior Living. Area of concentration will depend on the intern's interest and availability of resources in the intern's region. This rotation allows interns to focus on a specific area of interest and provides individuality for the interns learning experience.