



Sodexo Dietetic Internships

Innovative • Inclusive • Individualized

Rotation Descriptions

Below are hours and general descriptions of each rotation.

Total Supervised practice: 1248 hours

Clinical Rotation: 560 hours

This rotation consists of hospital based and long-term care experiences, where interns will conduct nutrition assessments, provide counseling and education, and practice clinical leadership skills with a variety of patients and disease states. Interns will be expected to perform with increasing competence and independence through the course of the rotation. Interns will provide staff relief for dietitians in their assigned practice site upon successful completion of the clinical rotation. Staff relief provides interns with an opportunity to practice their patient care clinical skills as well as leadership skills in managing their own patient care work load. In a long-term care site, interns will become familiar with the procedures and forms that are required by state and federal mandates and learn about the dietitian's role in providing nutrition care as part of an interdisciplinary health care team.

Foodservice, Clinical, and Patient Service Management Rotation: 280 hours

Interns will learn how a foodservice operation functions and will begin to develop leadership and management skills through observation and practice. Interns will gain experience in production, purchasing, inventory control, food safety and sanitation, human resource management, patient food services, quality assurance, finance, sustainability and retail operations. Interns may complete this rotation at their clinical site, or at one of Sodexo's corporate, campus or K-12 school facilities. This gives interns an opportunity to experience management in a non-healthcare setting. As part of this rotation, interns will spend time with a clinical manager experiencing the interconnection of the clinical nutrition unit, the hospital community and administration. Some activities that interns will experience include: participation at a hospital-wide committee, participation in writing the clinical or diet office schedule and/or the clinical staffing model, facilitating a clinical, diet office, or department staff meeting, and working on a performance improvement project.

Community Rotation: 176 hours

Interns will spend time in a variety of community settings. Interns will become familiar with the variety of community and public health opportunities available and will gain proficiency in providing nutrition counseling and education in an outpatient or community setting, with both individuals and groups. Interns will work with a variety of age groups and populations. Exposure to a community based public health WIC-like setting and a school-based community setting must be included as part of the program requirements.

Concentration: 232 hours

All interns will complete one of the eight concentrations— Critical Care MNT, Diabetes, Pediatrics, Leadership, Wellness, Weight Management, Culinary Nutrition, or Senior Living. Area of concentration will depend on the intern's interest and availability of resources in the intern's region. This rotation allows interns to focus on a specific area of interest.